



ADMIN PRO NEWSLETTER

September – December 2024

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Behind the scenes with the Executive Committee

Ever wondered how DSSP runs so smoothly? It's all thanks to the tireless efforts of the Executive Committee (EC), working diligently behind the scenes. From planning engaging events to managing finances and ensuring clear communication, the EC is the engine that keeps our association thriving.

Meetings, brainstorming sessions, and countless emails—this team collaborates to turn ideas into action. Each member brings their unique skills and perspectives, ensuring every detail is addressed. Whether it's securing sponsorships, fine-tuning event logistics, or addressing member feedback, the EC is committed to delivering the best for DSSP. It's teamwork, dedication, and a shared passion for making DSSP a vibrant community that drives our success!



53rd Anniversary Gala

DSSP's 53rd Anniversary Gala was a night to remember! Our 'Celestial' themed event shone bright with:

- Unique hand-painted bags full of gifts
- Lucky prizes for ALL
- Mesmerizing performances by Gerard Croning & Marshall Fernandes
- Delicious cuisine & entertainment

Huge thanks to our valued sponsors:

- PARCO (Platinum)
- PPL (Gold)
- FBL & HBL (Silver)
- Faysal Funds, Convex Interactive, Iraqi Airways, AKUH (Bronze)

And to our amazing members who made it happen!





Annual General Meeting

The Annual General Meeting (AGM) was held on 8th December at Hotel Mehran. This event brought the members together for reflection and a renewed sense of commitment.

The President opened the meeting by emphasizing the importance of gratitude and how collective effort and mutual appreciation had made the year successful. She reflected on the highlights of the year, acknowledging the many events the association had achieved together.

To honor the contributions of the Executive Committee (EC) members, certificates of appreciation were distributed, recognizing their dedicated service throughout the term. The newly elected EC took their oath of office, marking the start of another exciting chapter for the DSSP.

The event then shifted gears to fun, a lucky draw brought an element of surprise, followed by a game of tombola.

The AGM concluded with a lavish lunch buffet featuring a delightful array of dishes, leaving attendees with satisfied palates and warm memories.



Annual General Meeting



Choosing Your Attitude

The Superpower You Didn't Know You Had...

Picture this: You wake up in the morning, stumble into the kitchen, and there it is—your last pod of coffee, waiting to save your day. But wait! It explodes in the machine, and now you're mopping up a caffeinated crime scene. At this moment, you face a crossroads.

Do you: Declare the day a catastrophe, throw yourself back into bed, and let grumpiness win?

Laugh it off, grab a tea bag and get on with it like the resilient legend you are?

Spoiler alert: The choice is yours, and it's more powerful than you think.

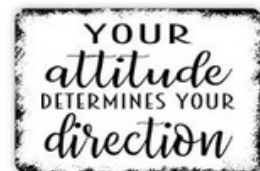
The Secret Sauce: Attitude is Everything

Attitude isn't just a mood—it's a lifestyle. Think of it like a pair of glasses you wear to see the world. A positive attitude makes even the dullest days sparkle, while a negative one can turn a sunny afternoon into a Shakespearean tragedy.

Sure, you can't control traffic jams, sudden downpours, or why your cat insists on sitting on your keyboard during Zoom meetings. But you can control how you respond.

The Attitude Toolbox

Here are some tricks to keep your attitude on point:



Gratitude Bomb: Write down three things you're thankful for every day. Even "good hair day" counts!

Reframe the Drama: Stuck in traffic? More time to belt out your favorite songs.

Surround Yourself with Positivity: Hang out with people who uplift you and avoid the ones who drain your battery.

Celebrate Small Wins: Finished the laundry? You're basically a superhero.

The Choice is Yours

Choosing your attitude isn't always easy, but it's worth it. It's the one thing no one can take away from you, and it's the secret weapon that turns life's curveballs into opportunities. Choose your attitude, and watch how life transform.

Strong Women



Fear is Only an Emotion

We generally associate fear with things like concern for our loved ones, flying, traumatic events, creepy-crawly things, or heights. But sometimes, fear is far more subtle than that, and we may not even recognize that fear is what we are experiencing.

We fear change, success, failure, or our imagined shortcomings. We fear letting go of behaviours that may give us temporary comfort but ultimately don't serve us and may even be hurting us: excessive alcohol consumption, shopping, overeating, or controlling others. Those existential things we fear often come with a tremendous amount of pain.

A friend once told me, "When your pain gets bigger than your fear, then you'll access the strength inside of you to do the work to grow. Fear is normal. Sometimes it's even healthy; we all have it. And, being afraid doesn't negate the fact that you are strong and courageous."

Most of us are familiar with that kind of pain. The pain of accepting the status quo rather than embracing the joy and challenge of creating the life we want. The pain of struggling day after day to get what we want and never quite making it. The pain of feeling less than or not good enough. The pain of feeling invisible, unheard, disregarded or patronized. The pain of discovering that somewhere along the line, we lost ourselves and became someone others wanted or needed us to be. We've all been there. Most of us can relate.

Appreciate Failure and The Gifts it Can Bring

"Think like a queen. A queen is not afraid to fail. Failure is another stepping stone to greatness." – Oprah Winfrey.

A strong woman understands that failure is inevitable, and so she uses it wisely. She goes for the thing; she does all the work, she gives it her all. She doesn't hesitate, procrastinate, or make excuses for not getting started because she fears failure. Instead, she hopes that if she does fail, she'll fail fast so that she can pick herself up, gather the lessons that are there for the taking, and move on. Strong women understand that a new door opens with every failure, and she is grateful for it.

Christmas humour

What happened to the man who stole an Advent Calendar? He got 25 days!

Who delivers presents to baby sharks at Christmas? Santa Jaws!

What do they sing at a snowman's birthday party? Freeze a jolly good fellow!

What do Santa's little helpers learn at school? The elf-abet!

What kind of motorbike does Santa ride? A Holly Davidson!

What did Santa do when he went speed dating? He pulled a cracker!

Why was the turkey in the pop group? Because he was the only one with drumsticks!

What do you get if you cross Santa with a duck? A Christmas Quacker!

Why was the snowman looking through the carrots? He was picking his nose!

What is the best Christmas present in the world? A broken drum, you just can't beat it!

What do snowmen wear on their heads? Ice caps!

What did Adam say the day before Christmas? "It's Christmas, Eve!"

What do you get when you cross a snowman with a vampire? Frostbite!

What did the stamp say to the Christmas card? Stick with me and we'll go places!

Why did no one bid for Rudolph and Blitzen on eBay? Because they were two deer!





Gratitude from the President

As my term ends, I find myself filled with gratitude and a touch of nostalgia (and perhaps a bit of relief – let’s be honest, it’s been a ride!). These two years have been nothing short of extraordinary.

Shoutout Superstars

Let’s start with Cheryl, our Treasurer Extraordinaire. Her magic touch kept our finances in tip-top shape, and her brilliant coordination of the Residential Seminar was legendary. Cheryl, you’re a rock star in spreadsheets and planning!

Barbara, oh Barbara – the “yes-woman”, your proactive approach and can-do spirit have been inspiring.

Natasha, your support throughout the year especially during the Gala was a lifesaver. Whether brainstorming ideas or stepping in where needed, you’ve proven that teamwork makes the dream work.

And to everyone who secured sponsorships, donated products, and provided vouchers, especially Clara Ann D’Souza and Marilyn Lobo – you’ve been the wind beneath our wings. Thank you.

The Bigger Picture

Together, we’ve hosted memorable events, strengthened connections, and made DSSP a space that’s not only professional but also warm, welcoming, and yes, fun. Each of you has contributed to making these two years a highlight reel of laughter, learning, and growth.

As we move forward, I’m confident that DSSP will continue to flourish because of the incredible people behind it. Let’s keep the momentum going and make the next chapter even more fabulous!

With Kindest personal regards

Christine D’Lima
President 2023-2024

Learn more about ASA member associations,
visit their websites and Facebook pages.

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